TOBACCO TEST REVIEW

FILL-INS

Use word bank to fill in the answers.

Lung Cancer Mouth Cancer Addiction Withdrawal

Tolerance Secondhand Smoke Healthy Skin Set Small Goals

Cold Turkey Low Birth Weight

1. Most common cancer from chewing or dipping is **MOUTH CANCER.**
2. Mental or physical need for a drug or other substance is **ADDICTION.**
3. This could happen if a pregnant mother smokes **LOW BIRTH WEIGHT.**
4. The body’s need for larger and larger amounts of a drug is **TOLERANCE**.
5. The unpleasant symptoms that someone experiences when he/she stops using an addictive substance is **WITHDRAWAL.**
6. Air that has been contaminated by tobacco smoke is **SECONDHAND SMOKE.**
7. The #1 leading cause of death for smokers is **LUNG CANCER.**
8. This is a benefit of staying Tobacco Free: **HEALTHY SKIN.**
9. When a person decides to quit smoking they should **SET SMALL GOALS.**
10. Stopping all use of tobacco products immediately is known as: **COLD TURKEY.**

*True or False*

**Directions:** Place a *True* or *False* next to statement

 1.) \_\_T\_\_ Nicotine is an addictive drug.

 2.) \_\_F\_\_ It is legal to smoke cigarettes on airplanes.

 3.) \_\_T\_\_ Secondhand smoke kills about 53,000 Americans a year.

 4.) \_\_F\_\_ Carbon Monoxide is a thick, dark liquid that forms when tobacco burns.

 5.) \_\_T\_\_ Cigarettes will eventually kill about one third of the people who use them.

 6.) \_\_T\_\_ Tobacco companies are required to put warning labels on packs of cigarettes.

 7.) \_\_F\_\_ Tar is a colorless, odorless, poisonous gas produced when tobacco burns.

 8.) \_\_T\_\_ Three forms of Tobacco are Cigarettes, Cigars/Pipes, & Smokeless Tobacco.

 9.) \_\_F\_\_ You need to be at least 21 years old to buy cigarettes.

10.) \_F\_\_\_ Mainstream smoke is smoke that comes from the burning end of the cigarette.